# **Rehabilitation and Therapy**

### Access Psychological - 49862

(906) 228-8881 accesspsych.net

### Alcohol & Other Drug Service - 49829

(906) 786-9639 No website listed at this time

## Alliance Against Violence and Abuse - 48929

(906) 789-9207

safe3c.com

### Anishnabek Community & Family - 49829

(906) 341-7677 No website listed at this time

### Arrowhead Drug Rehab - 49829

(866) 540-4742 arrowheadlodgerecovery.com

### Arrowhead Drug Rehab - 49849

(866) 540-4742

arrowheadlodgerecovery.com

# Aspen Counseling - 49801

(906) 779-0096

No website listed at this time

### Bellin Health Psychiatric Center: Escanaba - 49829

(920) 433-6073

### care.bellin.org

### CAP Residential Addiction Treatment - 49829

(866) 309-3897

california addiction partners.com

### CAP Residential Addiction Treatment - 49849

(866) 309-3897 california addiction partners.com

### CCCADA Cocaine Addiction Treatment - 49829

(866) 984-7135

cccada.net

### CCCADA Cocaine Addiction Treatment - 49849

(866) 984-7135

cccada.net

### Cherith Counseling Center PC - 49801

(906) 779-0478 cherithcounseling.com

### Drug Rehab Escanaba - 49829

(888) 548-4406 rehabs.com

### Fellowship Counseling - 49829

(906) 786-4733 No website listed at this time

# Freeborn, Virginia - 49829

(906) 233-1236

No website listed at this time

### Great Lakes Recovery Centers Inc Escanaba Outpatient Services - 49829

greatlakesrecovery.org

(906) 789-3528

# Great Lakes Recovery Centers Inc - 49849

(906) 485-2347 greatlakesrecovery.org

### Great Lakes Recovery Centers - Adolescent Services Center - 49866

(906) 228-4692

greatlakesrecovery.org

### HIAWATHA COUNSELING SERVICES, PLLC 49829

(906) 399-9628

No website listed at this time

### OSF Rehabilitation - 49829

(906) 233-4141

www2.osfhealthcare.org

### New Beginnings Outpatient Therapy - 49862

(906) 286-4412

No website listed at this time

### Northwoods Rehabilitation - 49829

(906) 789-2404

northwoodsrehabilitation.com

### Northwoods Rehabilitation - 49837

(906) 428-3085

northwoodsrehabilitation.com

#### OSF Rehabilitation - 49837

(906) 428-5406 osfhealthcare.org

# Self-Reflections Therapeutic Services Inc. - 49829

(906) 553-2219 self-reflections.org

### Shoreline Supportive Counseling, PLLC - 49829

(906) 280-9167 shorelinesupportivecounseling.com

# SMART Recovery - 49829

(866) 517-0503

smartrecoverymeetings.org

### SMART Recovery - 49849

(866) 517-0503 smartrecoverymeetings.org

### Suunta Integrative Health - 48929

(906) 273-0964 suuntawellness.com

### <u>Targeted Restart Incorporated - 49829</u>

(906) 553-7224

No website listed at this time

# Todd R. Silverstein, Psy.D. - 49801

(906) 828-4283 psych-services.com

### Touchstone Act - 49829

(906) 786-9543

No website listed at this time

# Tri-county Rehabilitation Services - 49874

(906) 497-2120

No website listed at this time

### Up Rehab Services - 49841

(906) 346-3477

uprehab.com

### Iron Mountain Counseling Center - 49801

(906) 239-9918

imcounselingcenter.com

### JANICE BEAUCHAMP: Addiction Specialist - 49818

(906) 789-3528

No website listed at this time

### Pamela Balentine Ph.D. - 49829

(906) 233-1848

No website listed at this time

### Pathways Community Mental Health - 49829

(906) 786-6441

pathwaysup.org

# **Social Services**

### Behavioral Health Clinic - Schoolcraft Memorial Hospital - 49854

(906) 341-3286

scmh.org

# Catholic Social Services Of The Up - 49829

(906) 786-7212

cssup.org

### Child & Family Services - 49829

(906) 233-1553 cfsup.org

### Community Action - 49829

(906) 786-7080 mdscaa.org

### Delta County Service Center - 49829

(906) 786-8512 deltacountymi.gov

### Northpointe Behavioral Healthcare System - 49802

(906) 774-0522 nbhs.org

# Northern Lights YMCA - 49829

906-789-0005

No website listed at this time

# Michigan Department of Health and Human Services - 49829

(906) 786-5394 michigan.gov

# Youth Empowering Services - 49829

906-786-6654

www.yes906.org

# **Meetings**

# **Symbols & Definitions**

AA - Alcoholic Anonymous

O - Open meeting; for anyone interested in the recovery process from alcoholism

C - Closed meeting; for anyone having a problem with alcohol themselves

NA - Narcotic Anonymous; for anyone having problems with drugs and addiction issues

Alanon - For friends and family members of alcoholics

Wellbriety - Teaching of the Native American Medicine Wheel and 12 Step Tradition

CR - Celebrate Recovery; a faith based 12 step program for all addictions

MA - Multiple Addictions; a recovery program for all addictions

HA - Handicap accessible

All meetings are *Eastern Time Zone* unless otherwise noted.

CT - Central Time

Most meetings are non-smoking so ask before lighting up.

### **Delta Drop In:**

**Delta Alano Club:** 

1500 N. 19th Street Escanaba, MI. 49829 601 Michigan Ave. Gladstone, MI. 49837

906.786.5796

**AA Hotline:** 906.553.5478

## **Sunday Recovery Meetings:**

**10AM** AA- Delta Drop In Escanaba - Came to Believe - O/HA

8PM AA- Emmanuel Lutheran Church, 600 S. Lincoln Rd., Escanaba - C/HA

8PM NA- Delta Drop In, Escanaba - HA

### **Monday Recovery Meetings:**

**10AM** AA- Delta Drop In Escanaba - O/HA

**12PM** AA- Wellspring Church - Noon - R-Lat'r Traditions Study Relationship O/HA

Alanon- Delta Drop In, Escanaba - O/HA **7PM** 

7:30PM AA- Central United Methodist Church 322 S. Lincoln Rd. (rear entrance) - Bridge

.....to Sobriety - C/Ha

7:30PM AA-Delta Alano Club 601 Michigan Ave, Gladstone MI. 12&12 - C/HA

**7PM** NA- Delta Drop In, Escanaba - HA Smoking

# **Tuesday Recovery Meetings:**

10AM AA- Delta Drop In, Escanaba - Big Book Study, C/HA
7PM NA- Women's - Hosana House 210 S 11th Escanaba, MI. - C
7:30PM AA- Delta Alano Club, 601 Michigan Ave, Gladstone, MI - C/HA
7:30PM Alanon- Delta Alano Club, 601 Michigan Ave. Gladstone, MI - O/HA
7:30PM AA- Delta Drop In, Escanaba - Study Group - C/HA
7:30PM AA- Rock Bible Chapel, 4144 Maple Ridge 37th Rd., Rock - O

# **Wednesday Recovery Meetings:**

**7:30PM** AA- Delta Drop In, Escanaba, 12x12 Study - O/HA

# **Thursday Recovery Meetings:**

10AM AA- Delta Drop In, Escanaba - 12x12 Study - C/HA
11AM Alanon - Delta Alano Club 601 Hannaville - O/HA
12PM Talking Circle - 3 Fires Building, Hannaville - O/HA
6:30PM CR- New Life Assembly of God, 2005 8th Ave S. ESC
7:30PM AA- Delta Alano Club, 601 Michigan Ave, Gladstone, MI - Big Book Study - C/HA
7:30PM AA- Central United Methodist Church, 322 S. Lincoln Rd., Escanaba (Rear entrance) - Bottom Line - C/HA

...... Bottom Eme C/1

# Friday Recovery Meetings:

**10AM AA-** Delta Drop IN, ESC - O/HA

10AM Relapse Prevention Group - Community Center, Hannaville - O/HA

7:30PM CT AA- Twp Hall, Hwy 41, Carney - A New Way of Living - C

**7:30PM** MA- Central United Methodist Church, 322 S. Lincoln Rd., ESC (Rear Entrance)

..... C/HA

# **Saturday Recovery Meetings:**

**10AM** AA- Delta Drop In, Escanaba - Living Sober - O/HA

7:30PM AA- Delta Drop In, Escanaba Friends & Family - O/HA (Last Saturday of the

..... month 6:30PM PotLuck, 7:30PM Speaker)